

# VIDA

# SEDA

OFFICE DESIGN



# VIDA LOVE WORK

A PRACTICAL AND VERSATILE WORK  
CHAIR. IT'S SIMPLICITY MAKES IT THE  
IDEAL CHAIR FOR THE MODERN  
WORKING OFFICE.







# VIDA

*Incorporando um mecanismo sincronizado que responde às suas necessidades com o maior número de ajustes, a tecnologia da cadeira garante geometria aprimorada e total conforto em todos os momentos. O design de malha de dupla densidade garante um conforto em longas jornadas de trabalho.*









# INTUITIVE DESIGN



*The 3D dual density  
ply mesh-back design  
ensures superb life-long  
support for the user*

*The innovative synchronised  
mechanism provides the user  
with complete control across  
its range of adjustments.*









# HOW TO USE VIDA



## 1 Seat height



Lift the paddle located under the right hand side of your seat, whilst lifting your weight out of the chair to allow the seat to rise to the desired position. To lower the height, lift the paddle again leaving your body weight on the seat. The seat will lock at the height at which the handle is released.

## 2 Arm height



Press the buttons on the outside of the arm risers to raise and lower the arms. Ensure that both arm pads are the same height and release the button to lock into position. Set the arm height so that your forearms are set at 90° when your shoulders are relaxed.

## 3 Seat depth



Whilst seated push the button on the right hand side of the seat and slide the seat into your desired position. Release the button to lock the seat. There is 70mm of movement in the seat slide which is a standard feature.

## 4 Back recline tension



To unlock the back of the chair and allow it to move with your body, push down the paddle found under the left hand side of your seat. To adjust the tension to suit your own body weight, pull out the knob under the right-hand-side of the seat. Rotate it clockwise to increase the tension and anti-clockwise to decrease the tension.

## 5 Forward seat tilt



Under the left-hand-side of your seat you will find a paddle, which can be set in any one of three positions.

- 1) When the paddle is in the raised position, the back angle will be locked in any one of three positions.
- 2) When the paddle is in the middle position the back is unlocked and remains in 'free-float' with the seat returning to a flat position (parallel to the floor) when the back is in the upright position.
- 3) When the paddle is in the lower position, the chair will remain in 'free-float'. But the seat will return to a 3 degree forward tilt when the back is in the upright position.

## Dimensions and Range of adjustments

Adjustment	Vite Task Chair	Vite Visitor non arm	Vite Visitor Chair with arms
Overall Depth	650mm	600mm	600mm
Overall Width	480mm non arm 655mm with arms	560mm	560mm
Overall Height	920mm – 1040mm	965mm	965mm
Seat Height	400mm – 520mm	450mm	450mm
Seat Depth	410mm – 480mm	440mm	440mm
Seat Slide	70mm (410mm – 480mm)	n/a	n/a
Back Height from Seat	520mm	515mm	515mm
Arm Height or level of adjustment	200mm – 280mm	n/a	670mm
Distance between Armrest	480mm	n/a	485mm
Weight	14.7kg	10.3kg	11.7kg

